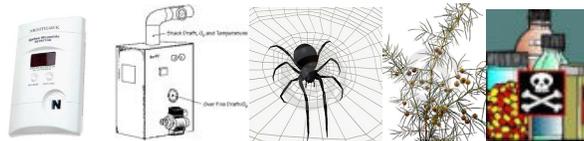


Be Poison Safe this Autumn



Fall brings added poison dangers to already existing poison hazards.

- Berries:** Learn the names of the plants in your yard. Some berries are poisonous. Mushrooms are still around.
- Spiders:** Move indoors for warmth. In case of a spider bite, call **1-800-222-1222** for treatment advice.
- CO:** Carbon Monoxide (CO) danger increases during the heating season.
- ✓ Have fuel-burning appliances checked by a professional.
 - ✓ CO detectors are the only way to know if CO is in the air.
 - ✓ Install CO detectors within 15 feet of sleeping areas, one per level.
 - ✓ Install CO detectors away from the furnace or other fuel-burning appliances.
 - ✓ Install fresh batteries in CO and smoke detectors.
 - ✓ Outdoorsmen who camp need to avoid using heating devices in enclosed spaces.
- Medicine:** Keep cold and flu and all medicine stored in original containers, locked up and out of sight of young kids.
- ✓ Child resistant caps are **not childproof!**
 - ✓ Check for right person, right time, right amount and time of dose.
 - ✓ To avoid double doses, tell other caregivers (spouse, sitter or day-care providers).
- Antifreeze:** Winter formulations of windshield washer fluid and anti-freeze are very toxic.
- ✓ If anyone or a pet drinks any amount, call **1-800-222-1222** right away.
 - ✓ Just a mouthful in a small child or pet can be harmful or deadly.
- Caffeine:** Students taking energy drinks to cram during late-night study sessions can be harmed.
- ✓ Energy drinks containing caffeine and other stimulants can cause nausea, vomiting & headache.
 - ✓ Other symptoms include sweating, nervousness, tremor, insomnia, and restlessness.
 - ✓ Severe symptoms such as delirium, increased heart rate and seizures can occur.
- Alcohol:** Alcohol poisoning fatalities occur each school year and are avoidable.
- ✓ Signs include mental confusion, low body temperature, decreased breathing, pallor and coma.
 - ✓ There is no safe home treatment for alcohol poisoning. Call 911 right away.

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